



Family Guide

Leading your family to be strong
and courageous



Courage Memory Verse

"This is the confidence we have in approaching God: that is we ask anything according to his will, He hears us."

1 John 5:14

Basic Truth

God always hears us.

Life Application

God is always here to listen and wants to know what we have to say. We can talk to God just like we talk to our family members and friends. We can be confident that God always hears us -- whether we're on the playground, at a friend's house, in the car, or at church.

Share this week's memory verse with your kids and then try a few of these prayer activities throughout the week to get everyone in your family praying.

- Musical Prayers**
 Place a chair for each family member in a circle. Tape a prayer target to each chair (something like "My friends" or "Grandma"). Begin playing music and have everyone walk around the chairs. When the music stops, each person finds the nearest chair and prays for that target.
- Prayer Walk**
 Walk around your neighborhood and ask God's blessing and salvation on each family or pray for the kids in each home. You might also take a prayer walk around your kids' school, praying for teachers and students.
- Highs and Lows**
 Ask your kids what their "highs" were from the day, and then ask them about their "lows" from the day. Share your highs and lows as well, and then pray for them together.