



Family Guide

Leading your family to be strong
and courageous



Courage Memory Verse

"In God I trust and am not afraid. What can man do to me?"

Psalm 56:11

Basic Truth

We can trust God no matter what.

Life Application

Ask your kids to name a few people they trust -- maybe it's you, a grandparent, a teacher or a friend. Then ask them to explain why they trust these people? Is it because of their position of authority (like a police officer) or is it because of a past experience where they proved their trustworthiness? In many cases, we have trust in others because of what they have done for us in the past.

We can also trust God because of what he's done for us in the past. Take a few moments to talk about how God has answered your family's prayers or helped you through a tough situation. Give each family member an opportunity to share.

God's trustworthiness in the past means we can also trust him with our future. Invite each family member to share something big that's happening in their future. Take turns praying for each person and the situation they are facing. Also, give thanks to God for his trustworthiness in the past.

Finish by having each family member create a craft with this week's memory verse on it -- something as simple as writing the verse on a notecard. Place the craft in a place that is easily seen throughout the week. If possible, let each family member take their craft with them when they face their upcoming challenge.

Example: We know of a young child who was nervous to go to preschool. Her parents wrote a memory verse about courage on a notecard and let her take it to school each day. It helped her find the courage to face a tough situation.