



Family Guide

Leading your family to be strong
and courageous



Courage Memory Verse

"Be on your guard; stand firm in the faith; be courageous; be strong."

1 Corinthians 16:13

Basic Truth

Faith gives me strength.

Life Application

Through faith God gives us the strength we need to be courageous. We don't get to run away from difficult or scary situations but we do get God's strength to be courageous. We need strength that comes from God to face the difficult situations that happen every day.

Have examples of difficult scenarios that kids face -- you can even use a few from the Week 1 Family Guide. Gather your family in a circle (this can still be done if there is only two of you). Toss a ball or bean bag to one of your kids and have him/her name a difficult or scary situation he/she faces. Allow everyone to brainstorm what a person with courageous faith acts like in that situation. Then have him/her toss the ball to another family member and continue the exercise until everyone has a chance to participate.

Wrap up by reading the memory verse and challenging your kids to commit it to memory. Finish with a family prayer.

