



# Family Guide

Leading your family to be strong  
and courageous



## Courage Memory Verse

*"Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go."*

Joshua 1:9

## Basic Truth

God is always with us.

## Life Application

Begin by asking your kids your choice of the following questions:

- Would you jump into a swimming pool with your eyes closed?
- How would you feel if I asked you to jump into a lake, but you couldn't see the bottom? Would it make it easier for you if I were in the water to catch you?
- How do you feel when you walk into a dark room? Is it easier to enter a dark room if someone you trust goes into the room first?
- Imagine you are camping in a tent in the woods. How would you feel after it gets dark? What would you think about while you are trying to go to sleep in your tent? Would you feel better if a parent was in the tent with you?
- All of these situations have something in common. Do you know what it is?

Explain that in each of the scenarios described above, there is a temptation to be afraid because you cannot see the bottom of the lake, or into a dark room, or what is in the bushes near your tent. This is often called "the fear of the unknown." When we cannot see our surroundings well enough to be sure we are safe, it is easy to become afraid.

Any of these activities would be frightening to do alone, but with a parent or friend, we have greater confidence to face them. The same is true with God. He is always with us and his presence gives us the courage to face the unknown.

Read the memory verse aloud. Then ask your kids what they're nervous about (or an unknown in their life) and close by praying that God would give them the courage to trust him even when they can't see him.